

## ≥ Introductions €

"How you enter a space and how you leave a space is as important as what happens in the space."

— Emily M. Axelrod

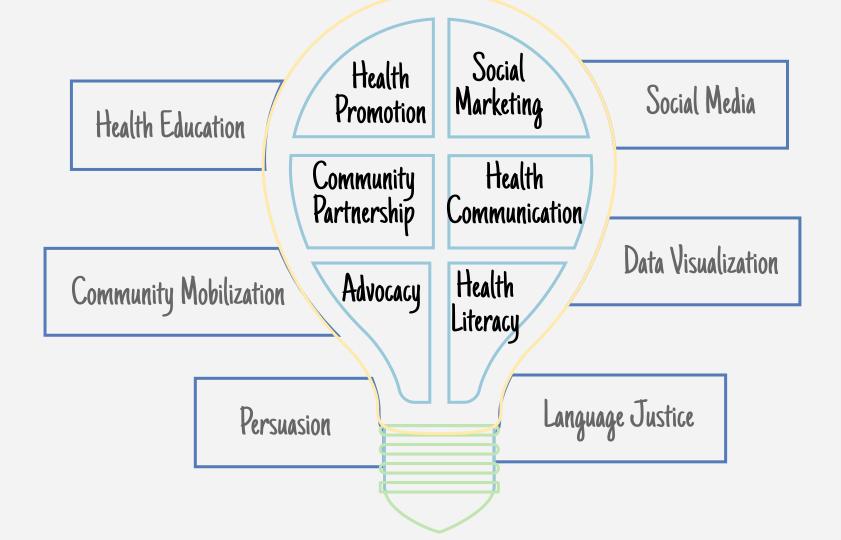
Please share in the Chat Box how you are entering this space or how you would like to leave this space.



# Learning Objectives



- Define components of health communication and education
- Identify best practices for conducting health education and communication in Indian Country
- Name tools and other resources that Tribal health professionals have used successfully
- Describe strategies for addressing barriers in engaging with community members successfully



# Road Map



Why?
The context, needs and assets



#### How?

The essential principles for making meaningful and effective connections



#### Whom?

Those you are trying to connect with



#### What?

The strategies, messages and mediums



# Starting with an Assessment

Context

Needs

**Assets** 

What is happening in the community or the Tribe?

What are the needs to be addressed?

What assets are there to honor and cultivate?

# Types of Assessments

Community Needs
Assessment/Market Research

In support of health communications plan development

**Social Media Listening** 

Observing how people are engaging on social media

**Root Cause Analysis** 

Identify underlying cause(s) of a problem

Social Network
Analysis

Process of investigating social structures

Local Media Assessment

Current media relationships in a community

Community Readiness
Assessment

How ready the community is to take action to address a particular issue

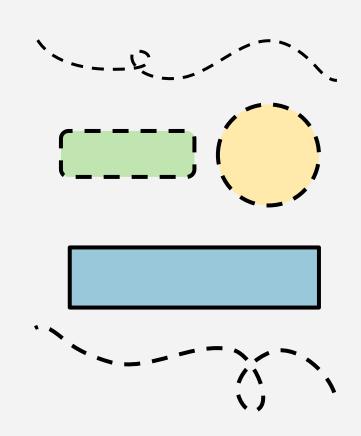




Whom?

## Describe Your Audience

- Demographics
- Behavioral Determinants
- Aspirations
- Value of Message
- Competitive Messages
- Information Channels
- Level of readiness



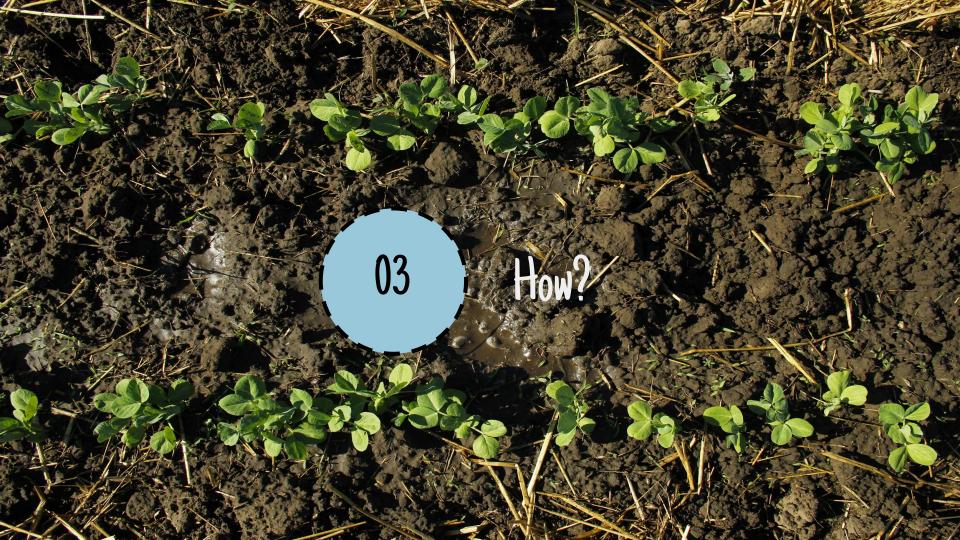
# Identifying Who To Connect With

Most affected

Most accessible to reach

Most able to support change

Individuals or groups



# Essential Principles for Effective and Meaningful Connections

Effective	Best Practices	Informed	Branded	Theories
Equity Infused	Culture	Tailored	Traditional Knowledge	Language Justice
Coordinated	Partnerships	Consistent	Social Connections	
Strengths Based	Health Promotion	Social Connections	Words & Images Matter	Motivating
Mobilizing	Call to Action	Capacity Building	Persuasion	Sustainable





# Developing Your Game Plan



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**Strategies** 

Messages

**Mediums** 

Direct

Strengths Based

Digital

Partnerships

Call to Action

Print

Connectors

Risk Communication

Social

# Your Strategy

# Product

What is your call to action?

# Price

What is the price of change?

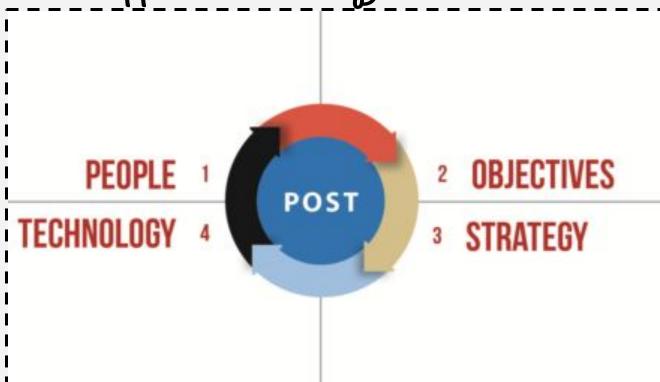
# Place

Where will the new information or behavior be exercised?

# Promotion

What are the communication strategies, mediums and messages?

## POST: Approach to Strategy



Charlene Li, and Josh Bernoff. Groundswell, Expanded and Revised Edition: Winning in a World Transformed by Social Technologies, 2011

#### Maturity of Practice: Network Nonprofits

## SOCIAL MEDIA CHANNELS

Each platform functions differently, and once familiar with advertising, it's important to have an individual strategy for engaging audiences across each.

#### Facebook

- More women on Facebook than men, and most popular platform.
- Best place to reach the most people at an affordable price and great for lead generation.
- Very specific targeting.
- Platform built around connections with friends and is good for healthcare-related topics.

#### Twitter

- Younger audience on Twitter; only 10% of users are 65+.
- Accessed through a mobile device by 82% of its monthly active users.
- Targeting is not as specific as Facebook but keywords and look-a-like audiences are crucial.
- Pretty noisy; use photos, videos, hashtags, influencers, and other tactics to cut through the noise.
- Platform built around discovering news and opinions and is good for healthcare-related topics.

#### Maturity of Practice: Network Nonprofits

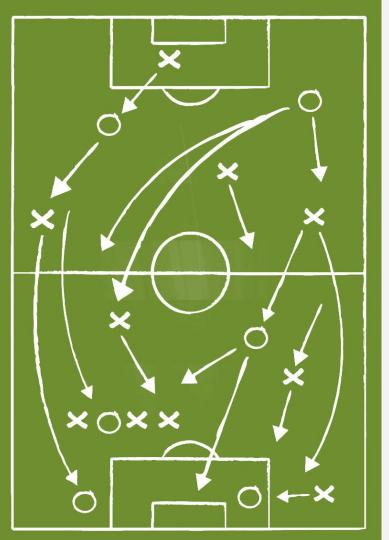
## SOCIAL MEDIA CHANNELS

#### Instagram

- More women on Instagram than men.
- Opportunity to advertise through Facebook on Instagram.
- Key platform for younger audiences 18-29, with one of the highest engagement rates of any platform.
- Take advantage of stories, partnership sponsored opportunities, hashtags, and high-res multimedia.

#### General

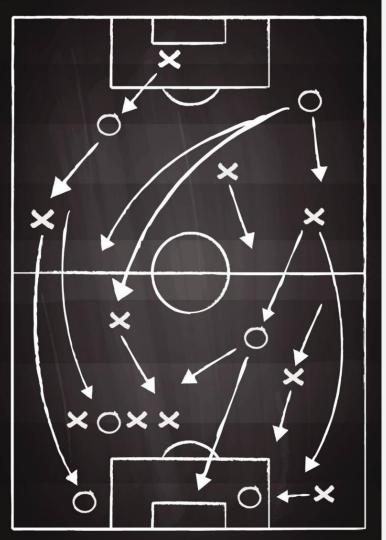
- Pinterest remains substantially more popular with women.
- LinkedIn remains especially popular among college graduates and those in high-income households.
- Mobile accounts for nearly 80% of time spent on social media networks.



#### **STRATEGY**

# How will you accomplish this?

- How will you engage your audiences?
- What are your resources?
- What is realistic?
- Who is doing the work?
- How do you make it sustainable?



#### **STRATEGY**

### For example

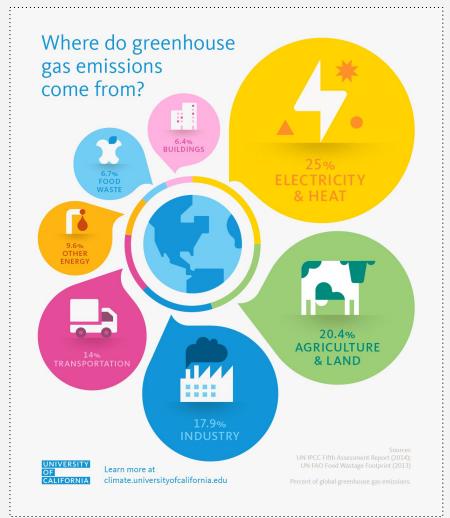
- Increase brand awareness
   Infographics. Videos.
   (such as your videos!)
- Recruitment for services

   and programs:

   Amplifiers.
   Design sharable content.
   Calls to action.
- Building community:Storytelling. Listening.



Research shows that we process visual information more easily than text, and it stays with us longer.





#### **TELLING YOUR STORY**

### One platform at a time

- Different social sites can help us reach and accomplish different objectives, depending on our strategy.
- It takes a team (content, designers, monitor content)
- Today we'll discuss Facebook, Instagram, and Twitter



### **TECHNOLOGY**

### For example

- Increase brand awareness// Infographics and Videos
   Facebook. Twitter. Instagram. Live video.
- Recruitment for services and programs // Consider paid ads or amplifiers
   Targeted ads. Canva.
- Building community //Connect, be consistent, listen, provide opportunities to engage
  - Instagram and Snapchat stories.

#### **CREATE**

#### What will we create? Think POST.

- What content will you use?
- How often will you post?
- What skills do you have?
- What skills do you need?



#### TRACKING YOUR PROGRESS THROUGH ANALYTICS

- Reach: data metric that determines the potential size of audience any given message could reach.
- Organic reach: the total number of unique people who were shown your post through unpaid distribution.
- Paid reach: the total number of unique people who were shown your post as a result of ads

#### TRACKING YOUR PROGRESS THROUGH ANALYTICS

- Impressions: the number of times an ad, sponsored update, or post is displayed.
- **Engagement**: acts of talking to, messaging or otherwise interacting with other people on social networks.
- Hashtag: used to mark keywords or topics when posting on social media.

#### TRACKING YOUR PROGRESS THROUGH ANALYTICS

- Mention: the act of tagging another user's handle or account name in a social media message. Mentions typically trigger a notification for that user and are a key part of what makes social media "social". When properly formatted (for example, as an @mention on Twitter), a mention also acts as a link, so your audience can click through to the users' bio or profile.
- Retweet/repost/share: a tweet/post that is re-shared to the followers of another user's social media account. Retweeting/posting/sharing helps to share news, build relationships with others, and organically promote your post.
- URL clicks: when people click on a specific link in a post
- Conversions: a positive action that is taken on a website by a visitor from social media.

#### **EXAMPLES**

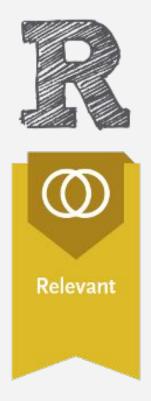
- Goal: Increase brand awareness/build followers
  - Number of followers, audience growth rate
- Goal: Increase engagement/generate online conversations
  - Measure with impressions, number of followers, number of times it is shared
- Goal: Drive people to your website
  - Measure with conversions, URL clicks
- Goal: Determine the reach of your posts
  - Divide the reach by your total number of followers and multiply by 100 to get your post reach percentage.

### **SMART OBJECTIVES**











#### **PSA: HAVE A POLICY**

#### Better safe than sorry

- Oversight
- Guidelines
- Identity: brand and voice
- Transparency
- Responsibility
- Judgment and common sense
- Dos and don'ts for personal use
- Check out socialmedia.policytool.net

#### **Social Media Policy Primer**

cba.jsi.com/elearning/social-media-policy-primer

Source: http://www.idealware.org/reports/nonprofit-social-media-policy-workbook/

# Virtual Facilitation Tips

- Prepare participants
- Prepare script
- Provide pre-work
- Conduct rehearsal
- Rules of etiquette
- Healthy practices
- Co-facilitator and back up
- Stay up to date

### **RESOURCES**

#### **Graphics**

- 1. Pexels
- 2. Pixabay
- 3. Unsplash
- 4. Istockphoto\*
- 5. Thinkstock\*
- 6. Burst
- 7. Stocksnap.io\*
- 8. Gratisography
- 9. Picography
- 10. Picjumbo
- 11. Canva

#### **Social Media**

- 1. Hootsuite\*
- 2. Sprout Social\*
- 3. Mention\*

\*Free accounts but maybe limited in functionality.

<sup>\*</sup>not free

- Getting to Know JSI:
  - o JSI Health Communications Portfolio
  - JSI Climate Change Fact Sheet
  - JSI Tribal Public Health Work
- Health Promotion/Health Education/Health Communication
  - International Best Practices in Health Promotion
  - Rural Health Information Hub Health Education Resources
  - CDC Media Access Guide for Health Promotion
  - Making Health Communication Programs Work
  - CDC Health Communication Basics
  - Rural Health Information Hub Health Communication
  - Barriers to Health Promotion and Disease Prevention in Rural Areas

- Social Media/Marketing
  - HIV.gov Digital Tools
  - Social Media Strategy Toolkit
  - CDC Social Marketing Toolkit
  - Tips for Developing a Consistent Voice
  - How to Discover and Create Content
  - Top Social Media Posts Study
  - How to Create Engaging Short Videos for Social Media
  - Social Media Demographics Guide
  - Social Media Statistics to Fuel Your Strategy
  - Five Tips for Launching a Social Media Page (Part 1)
  - Five Tips for Launching a Social Media Page (Part 2)

- Social Media/Marketing
  - Social Media Image Size Cheat Sheet
  - Social Media Policy Planner
  - Nonprofit Social Media Policy Workbook
- Assessments
  - Social Network Analysis
  - CDC Market Research
  - Root Cause Analysis
  - Community Mobilization
  - Community Readiness
- Language
  - Progressive Language and Style Guide

- Communicating about Climate Change
  - Social Media Image Size Cheat Sheet
  - Tools for Communicating about Climate Change More Effectively
  - Communicating Climate Change
  - IPCC Principles for Effective Communication and Public Engagement on Climate Change
- Data Visualization
  - Bubble Charts
- Evaluation
  - How to Uncover Audience Insights with Data and Analytics
  - Social Media Benchmarking
  - Social Media Metrics That Really Matter—And How to Track Them

- Indian Country Social Media and Social Marketing Examples
  - Northwest Portland Area Indian Health Board Social Marketing
     Campaigns
  - IHS Media Campaigns
  - National Indian Health Board Social Marketing Campaigns
- Partnerships
  - Becoming a Networked Non-Profit

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